REMNANT QUEST
WEEK 4

Rivers of Life

"Streams of living water refresh the faithful in a thirsty world."

Challenge: Discover the natural springs and peaceful trails where water flows freely. Explore how God's living water renews our faith, strengthens our spirits, and reminds us of His everlasting presence.

- **Living Water Moment** — Record a 10-second video near the springs describing one way God refreshes or strengthens you during difficult times.
- **Nature Praise Photo** — Take a photo of flowing water and caption it with a Bible verse about spiritual renewal, strength, or God's living water. (Suggested scriptures: John 7:38, Isaiah 43:19, or Psalm 23:2–3.)
- **Quiet Reflection** — Spend 60 seconds in silence near the water, reflecting on God's presence. Write one sentence describing what God placed on your heart during this moment.
- **Remnant Reflection** — Write a brief reflection (1–2 paragraphs) connecting the site to the theme of the remnant—God's people staying faithful, spiritually renewed, and ready for Jesus's return. Use Bible verses to support your thoughts. You may also use videos, art, essays, social media posts, or other creative formats for your reflection.

Location: Watershed Park (Moxlie Creek Springs), Olympia, WA

Focus: Spiritual renewal, strength, and remaining faithful through the living water of Jesus Christ.

■ **SUBMIT TO:** Cathy@TheRemnantUS.com by Wednesday, 4:00 pm

■ FIND THE CLUE. LIVE THE WORD. STAND FIRM. STAY READY.